



City of Danbury – Police Department

Community Service Division

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Dangers of Drinking



If you think it can't happen to you, look around. Check your schools yearbooks for the last ten years. How many were dedicated to a student who was killed in a drunk - driving crash?

You don't even have to be the one drinking- most teenage passenger deaths are the result of crashes caused by non-alcohol impaired teenage drivers. No matter what the situation, drinking alcohol under the age of 21 is illegal.

ALCOHOL IS THE NUMBER ONE DRUG OF CHOICE FOR TEENAGERS

HOW ALCOHOL AFFECTS YOU

- ❖ You see double, slur your speech, and lose your balance
- ❖ You make bad decisions that can result in car crashes and violence
- ❖ Poor grades as a result of alcohol use
- ❖ Alcohol poisoning

MORE FACTS ABOUT ALCOHOL

- ❖ One beer, one shot of whiskey, and one glass of wine all have the same amount of alcohol
- ❖ Alcoholism is hereditary
- ❖ Eight young people die in alcohol related crashes every day
- ❖ Drinking alcohol does not quench your thirst ; it causes dehydration

TAKE ACTION

- ❖ Don't ride with someone who has been drinking take a cab
- ❖ Make a pledge with your friends that you will help each other to avoid and stay away from alcohol or any other drugs
- ❖ Encourage someone you may know that has a drinking problem to get help